

Vein Removal Homecare Advice

Laser Treatment Information

Following laser treatment it is common for the skin to look red and/or to feel hot, dry, tender and tight with accompanied localised swelling which can last up to 4 days. These symptoms may appear immediately or within a few days after the treatment.

When successfully treated the veins may blanch immediately or possibly darken and gradually fade.

If bruising occurs please be assured that this is temporary and will gradually fade on its own accord – it may take 2-4 weeks to do so.

If blistering occurs contact the clinic immediately for further instructions

Before Treatment

- Avoid sun exposure and using sun-beds for 4 weeks prior to laser treatment.
- Apply sunscreen with SPF 30+ to the treatment area during any sun exposure and outdoor activities for 4 weeks prior to laser treatment.
- Avoid the application of all false-tanning products on the treatment area for 2 weeks prior to laser treatment.
- Avoid exfoliation of the skin for 2 days prior to treatment.
- Do not wear any heavy/long-wear make-up to the clinic on the day of your treatment.
- Inform your Laser Specialist of any changes in your personal details, and/or medical circumstances since your last clinic visit before your next appointment e.g. any newly diagnosed conditions or new medication (including Anti-inflammatory and pain killers)

After Treatment

After Laser treatment it is common for the area to feel warm/hot. Some localised swelling, redness, irritation or tenderness may also be apparent. These symptoms may appear immediately or within 24

hours following treatment. The use of Aloe Vera gel is recommended directly after the treatment and for the following few days.

For 24-48 hours Post-Treatment:

- Avoid any scented creams, soaps and lotions on the treated areas, Only apply Aloe Vera to the skin
- Do not touch, pick or scratch or rub the area as this may cause scarring
- If there is a build up of heat in the skin apply a cold pack to
- Avoid additional heat being applied to treated areas, such as, hot showers, hot baths, steam rooms and saunas.
- Refrain from excessive exercise.

PLEASE NOTE: If the area continues to feel sensitive after this period - contact the clinic immediately for further advice

For 2 Weeks (minimum) Post-Treatment:

- You should avoid exposure to sun / UV light i.e. sun-bathing and sun-beds for at least two weeks after treatment as U.V. exposure may affect the pigmentation of the skin.
- Sunscreen containing SPF 30+ should be applied to any exposed Laser-treated areas regularly when outdoors.

If you have any questions or you are concerned about any after-effects of your treatment, please do not hesitate to contact us on 01-2166778

Clinic Policies

☐ [Cancellation/Non-Attendance Fee Policy](#) ☐

We would greatly appreciate if clients advise us of any appointment time changes/cancellations at least 24 hours in advance. Failure to attend a scheduled appointment without notifying us at least 24 hours in advance will incur a fee or loss of treatment from a pre paid course

However, if you cancel your appointment with 24 hours notice, there will be no charge.

☐ [Children Policy](#) ☐

Due to government legislation and in the interest of Health and Safety, we are unable to facilitate children on our premises.

□ Refusal of Treatment Policy □

There are certain occasions when treatment may be refused, such as when our advice and guidance has been ignored or if it is felt that treatment would not benefit the client at that time. If the therapist is aware of, or suspects anything has changed in the client's medical circumstances, or that our homecare instructions have not been followed, treatment will be postponed.

We will not offer treatment if the therapist feels uneasy about performing treatment, such as, if a client attempts to coerce a therapist into providing treatment against their better judgement.

