

# Consultation

### Pigmentation

### **Cosmelan or Laser Treatment**

You have a cosmetic consultation in Dundrum Clinic to assess your skin pigmentation.

Be sure to come to the consultation without make-up or sun protector. Wash your face well and take off any trace of make-up.

Do not use wax on your face or expose your face to the sun for two weeks prior to your treatment.

Before you come to your consultation please fill out the form that has been sent to you by email.

During your consultation your skin will be analysed with a machine that has 5 lights that penetrates through the 5 layers of your skin, enabling us to see the exact condition of your skin (Observe 500).

# If you are a candidate for Cosmelan Treatment:

Your therapist will explain the treatment to your during your consultation.

Cosmelan treatment consists of a facemask that has to be left on for 8 hours, 10 hours or 12 hours, depending on your therapist's recommendation. During this time it is important to ensure that the facemask remains humid.

After the recommended time, wash your face with plenty of water and do not under any circumstance put any product on your face for 24 hours.

After 24 hours continue the programme your therapist has recommended for you. Everyone's skin reacts differently to this treatment, it is possible that your skin will peel during the first or second week.

It is also possible that your skin doesn't peel at all.

The time it takes for the mask to take effect varies from person to person; in general you will notice a difference 3 weeks after treatment.

**Please note:** The time it takes to peel and to see the effects of the treatment is approximate. Take every precaution during this time.

A month after your treatment you will need to return to the clinic to get a second scan to see the effects of the first part of your treatment.

# If you are a candidate for Laser treatment:

You will be given a product to prepare your skin and ensure you get the best results from your laser treatment, this products also helps to avoid any side effects associated with laser use.

The length of your treatment will depend on your skin phototype.

During your consultation you will be told the approximate amount of sessions you will need, the interval between session and the cost.

Please note: During your skin analysis we will be able to see if your skin is in good condition to receive either Cosmelan or Laser Pigmentation Treatment, and you will be instructed how best to prepare your skin for treatment.

At Dundrum Clinic we make every effort to ensure you get the best results from your treatment.