

Pixel Skin Resurfacing Homecare Advice

Pixel Skin Resurfacing improves skin texture and tone, smoothes wrinkles and diminishes acne scarring. In short, this procedure erases those factors that add years to the skin's appearance, restoring youthful vitality. Some clients may experience skin improvements soon after treatment, but it takes a few months for the true longer-term effects of the treatment to be seen.

Before Treatment:

- Avoid sun exposure and using sun-beds for 4 weeks prior to laser treatment.
- Apply sunscreen with SPF 30+ to the treatment area during any sun exposure and outdoor activities for 4 weeks prior to laser treatment.
- Avoid the application of all false-tanning products on the treatment area for 2 weeks prior to laser treatment.
- Avoid exfoliation of the skin for 2 days prior to treatment.
- Do not wear any heavy/long-wear make-up to the clinic on the day of your treatment.
- Inform your Laser Specialist of any changes in your personal details, and/or medical circumstances since your last clinic visit before your next appointment e.g. any newly diagnosed conditions or new medication (including Anti-inflammatory and pain killers)

After Treatment:

Immediately after Pixel Skin Resurfacing it is normal for the area to feel very hot, tender and uncomfortable, similar to the sensations of sunburn. Your skin will also appear very red and you may also experience some swelling of the skin tissue. Post treatment care is vital to proper skin healing and ultimate results of the procedure.

The settling period for these reactions varies, and it depends on the age of the client and the intensity of the laser treatment performed.

Normal Post-Treatment Reactions:

- Sunburn-like heat and sensitivity for up to 24 hours. Skin will feel very hot.

- Skin irritation and tenderness for 1 to 7 days.
- Redness and swelling for 1-4 days, especially around the eyes, rough sandpaper-like texture, burning, mild oozing and crusting. These reactions while may appear alarming are normal and to be expected
- Bronzed appearance of the skin & peeling within 4-6 days.
- Slight Crusting for a few days post treatment
- Avoid sun exposure for 4 weeks post treatment
- Skin will feel tight and dry for the first week.

PLEASE NOTE: In some rare instances, clients may experience a heat reaction which may require anti-histamines.

In certain cases post treatment reactions may persist for a longer period. If this occurs, continue with clinic aftercare and contact the clinic for further instructions.

It is very important that you follow our post-treatment advice:

- Avoid all heat treatments including steam rooms, saunas, hot baths, hot showers and excessive exercise until the heat sensation has subsided (for up to 2 days following treatment).
- Do not use your 'usual' skincare products until the redness settles.
- If necessary, you may apply a petroleum-jelly type product until the redness settles.
- If necessary, apply pure mineral makeup only as recommended by your therapist until the redness settles.
- Use a very mild cleanser once the redness settles.
- Avoid all forms of exfoliation for 2 weeks following treatment. After 2 weeks exfoliate gently
- Wear sunscreen containing SPF 30+ during the healing process and for a period of 3 months after treatment to protect the new skin which will be stimulated through the action of the treatment.

**If you have any questions or are concerned about any after-effects of your treatment,
Please do not hesitate to contact us.**

Clinic Policies

[?](#) Cancellation/Non-Attendance Fee Policy [?](#)

We would greatly appreciate if clients advise us of any appointment time changes/cancellations at least **24 hours** in advance. Failure to attend a scheduled appointment without notifying us at least 24 hours in advance will incur a fee or loss of treatment from a pre paid course

However, if you cancel your appointment with 24 hours notice, there will be no charge.

📄 **Children Policy** 📄

Due to government legislation and in the interest of Health and Safety, we are unable to facilitate children on our premises.

📄 **Refusal of Treatment Policy** 📄

There are certain occasions when treatment may be refused, such as when our advice and guidance has been ignored or if it is felt that treatment would not benefit the client at that time. If the therapist is aware of, or suspects anything has changed in the client's medical circumstances, or that our homecare instructions have not been followed, treatment will be postponed.

We will not offer treatment if the therapist feels uneasy about performing treatment, such as, if a client attempts to coerce a therapist into providing treatment against their better judgment.

