



Intimate Peel

Consultation Client Details

Name:

DOB:

Address:

Mobile number:

Email address:

HEALTH QUESTIONNARY

Are you currently receiving medical treatment?

Yes

no

Details:

Do you have any allergies or sensitivities?

Yes

No

Details:

Do you have any medical condition?

Yes

No

Details:

Intimate Skin Lightening Peel

WELCOME TO GERKA CLINIC:

You have a consultation for intimate area pigmentation assessment, this type of treatment covers areas of your body such as underarm, between the legs, between the buttock, the perianal area or the perivaginal area.

Pigmentation in these areas may be caused by an underlying illness; such as diabetes or hormonal issues, for example, and in that case we recommend you consult with your GP.

If pigmentation is caused by inflammation such as post-inflammatory hyperpigmentation caused by one or more of the following:

- Deodorant
- Shaving
- Wearing thongs

- Wearing tight clothing
- Excessive sunbathing
- Skin chafing due to excess weight

Then we can help you lighten the skin area once you stop the cause of the inflammation and the inflammatory process has ceased.

There are various chemicals to lighten skin.

During your consultation we will recommend the one that best suits your condition and skin type.

We recommend that you use a pre-treatment cream for 3 weeks, supplied as part of your treatment program, applying it every morning and night, then stopping use 3 days before your treatment.

The day of your treatment make sure to come to your appointment with the area to be treated clean and free of all deodorants and creams.

During your treatment session a chemical product will be applied to the area for a few minutes. A therapist will supervise you throughout the treatment.

Although you may, feel a stinging or burning sensation for a few minutes, the therapist will ensure that it is under control. After your treatment we recommend that you do not visit swimming pools or saunas, take hot baths or pinch the area for 7 days.

We also recommend that you do not wear tight clothing or sunbathe during the peeling period that will occur after your treatment and which can last from 1 to 3 weeks.

Once the area has started to peel, we recommend that you use a re-epithelialization cream such as Cicaplast Gel by La Roche Posey.

Your second peeling treatment will take place 30 days after the first one. After the first and second treatment use Cicaplast Gel for the recommended 30 days.

30 days after the second treatment we recommend that you start using a cream with depigmentation agent and another cream that contains hyaluronic acid, and hydrating body creams and sunscreen.

Treatment cost includes a preparatory cream and two peeling sessions.

Treatment results may vary depending on lifestyle, skin type and the skin layer where the pigmentation exists.

Please remember to let us know if you suffer from any allergies, use retinol cream or any other medical treatment

I declare that I have read the document and I agree to proceed with the treatment.

Signature

Date: _____

